**Helpful Educational Resources:**

From Mrs. Birnie’s Desk

**NSEA Teacher TV-For Elementary (9am-11am) and Secondary Educational (1pm-3pm)** Opportunities: On demand or stream https://central.newschannelnebraska.com/teacher-tv

**PBS Learning**

https://net.pbslearningmedia.org

**Mindfulness Class for Kids**

[www.facebook.com/mindfulschools](https://www.facebook.com/mindfulschools/)

**Home Chats: Parents Guide to Healthy Conversations During the Coronavirus Outbreak**

https://growingleaders.com/homechats/?mc\_cid=32e5182eea&mc\_eid=d59b90dd4b